



PEACE TRUST

Annual Report
2004-2005

Healthy persons produce healthy families...

Healthy families form a healthy community...

Healthy communities constitute a healthy nation...



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Tsunami Relief Activities





1

From the Director's Desk

Every New Year brings a lot of hope

Hope for peaceful living

Hope for achievement

Hope for joint venture

Every hope could be materialized only when we work hard towards the realization of the cherished values and aspirations of life. This is what Peace Trust believes in and strives for.

With a firm hope and determination we worked hard and with the blessings of God and the support of our donors, well wishers, friends, consultants and our own staff we could make tangible changes in the lives of the poor and disadvantaged ones of the community. This Annual Report is an attempt to share the success stories and the struggles with you so that with your guidance and support we will be able to do better in the coming years.



Besides our regular on going programmes, this year we initiated income generating programmes for the poor deserving people and special programmes for the youth. Following the tsunami hit in the coast of Tamil Nadu, Peace Trust rendered various relief activities at different parts of Tamil Nadu.

We do not claim that we have done everything the people needed. Definitely the needs are more than what we have done. Our only hope is that within the limited resources available, we have done our best.

With the assurance that in the coming years we will take more efforts to reach out many more people more systematically and meaningfully, I submit this annual report for your kind perusal.

Dr. R. Anburajan





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Intervention Among Children



Kirubai Illam - A Home For Homeless



Kirubai Illam Orphanage, Naraikinar, established in 1880, reached another milestone, in providing a home, for children who do not have access to the warmth of parents. Apart from preparing the children for academic achievement, they were also groomed to become responsible citizens. During the reporting year, they were parented by devoted House Mothers, which enabled them to face life more confidently and competently.

The tranquility of the Orphanage was disturbed in July 2004, when, nearly 107 Children were affected by Cholera. 34 were hospitalized in the Tirunelveli Government Medical College Hospital and in Peace Health Centre. The remaining children were treated in the Orphanage Chapel, which was converted into a ward. The immediate timely and most appropriate steps initiated by Peace Trust Doctors prevented its further spread and possible fatality although, the effect on the children was intense. Hence we decided to go for new water sources and systems and provision of a new kitchen.

The Cost for 2 Bore Wells, deepening of the well, toilets for boys and girls, pipe line and a larger cemented arca for the children to wash and bathe, were met by Mr. Mike & Mrs. Pat Jones, Grand daughter, of Mr. Gander a pioneer worker at Naraikinar.

The new kitchens were built with the funds most kindly sent by Mrs. Ruth and Stella Wade, grand daughters of Mr. Gander.

Donation of Clothing was received from Arthur Exports, NGO colony, Tirunelveli -7.

Donation of Note Books were done by Mr. Dharmaraj, Horeb Printers, Sivakasi.

This year, 79 children have left the Kirubai Illam, on completion of the 8th std. We wish them all the success in their life.

Kirubai Illam Orphanage is extremely grateful to all of you for your prayers, deep concern and support at times of blessings and crisis.



Memorable Things For the Children

Motivated by the overwhelming love and concern for children, Peace Trust intensively looked for potential sources that could assist in bestowing gifts to poor children. The efforts were fruitful and Peace Trust was able to obtain Gifts from:

*Navjeevan Seva Mandal,
which arranged Gifts from the
Children of Netherlands.*

*Development Organization for
the Poor, Ambasamudram,
who gave gifts to us from
'Samaritan's Purse' U.S.A*



We, bow our heads in gratitude for their deep concern on children and in their quest to add joy in the lives of the poor children.

Peace Trust, in turn distributed these gifts to:

1. *The Poor children, identified by Peace Health Centre.*
2. *Children who were part of the Preeyam-Nesam projects.*
3. *The Boys in the Juvenile Delinquents Home, Tirunelveli -7.*
4. *Children with M.R. & C.P. in RUCODE India, K.K.District.*
5. *Government Orphanage, Kanyakumari Dist.*
6. *Government School Children, Kanyakumari Dist.*
7. *Dawn & Dusk Home for Orphans and Vulnerable Children.*
8. *CORA Home for Orphans and Vulnerable Children.*

Altogether 3500 children were given gifts during this year. Each gift packet consisted a variety of things including toys, dress materials, chocolates, paste, brush, electronic things, cosmetics, ornamentals and decorative items. In short, each packet had everything that a child needed to spend the days joyfully.

This act of kindness generated much joy in the hearts of the poor children. Peace Trust is desirous of bringing rivers and floods of happiness, where there is sadness, despondency, sorrow and a low spirit.

3



Intervention Among The Youth





Promotion of Awareness

The youth, who are not guided properly and who do not have access to income generating sources, feel that the roads of the large cities are 'paved with gold' and migrate to cities, without any serious thought about the consequences of migration. The glamour of the city lures them and they fall a prey to liquor, violence, vices, drugs, street brawls, sexual abuse, gambling, smuggling of all types and they lead a life not befitting to their culture and dignity. The likelihood of spoiling their health and become infected to diseases like STD, HIV/AIDS is more in them. With these transmissible diseases they return to their village for a holiday or festival and infect their sexual partners here.

- The abilities, good spirits, good will, resources, energy and youthfulness can be harnessed for good purposes if we offer opportunities for a successful, prosperous and decent life. Keeping these in mind, a series of well planned interventions were carried out for them. They include: Awareness programmes, Training, Technical Support, Demonstrations and Career Guidance and Counseling Services. The awareness programmes aimed at promotion of awareness on issues related to health and development and facilitated behavior changes among the youth towards prevention of diseases including STD, HIV/AIDS. While career guidance aimed at enabling the youth to choose a career befitting their personality and talents, counseling services aimed at facilitating an integrated personality development.

Peace Trust has selected a few boys and trained them as peer educators to facilitate behaviour change among their colleagues.

Awareness programmes were conducted in schools and colleges for adolescents and youths – both boys and girls - to promote awareness on health and issues related to personality development.

One of the major components of the awareness programmes was sex and sexuality. Peace Trust reached 854 youths through 39 different programme in our target areas. We are confident that the impact of these programmes will reflect in their behaviour.



Promotion of Physical Fitness

The future of any society depends upon the youth of today. It will be peaceful, purposeful and prosperous only if the youth are led in the right direction. Statistics show that 57% of our population is youth and so majority of our energy to make a change in the community should be centred round youth.

While the scientific discoveries and technological advancements have a lot to contribute for a better life of youth, they could also get the youth entangled in the webs of destruction and they loose their vigor and vitality. Both having no gainful employment and abundance of resources could lead the youth astray physically and mentally.

Peace Trust promoted **Gymnasium** and **Youth Clubs** in every village as an entry point. The Gymnasium, Youth Groups, Yoga and such physical exercises are the means of supporting the youth to relieve stress and to provide a healthy physique.



Besides these the youth were also trained in **First Aid** as most of the villages were in rural and remote localities. First Aid helps the youth to intervene in cases of emergency and reduce mortality and mobility of the patient before a doctor sees them.

To make the youth more dynamic, creative and contributing, their participation in the initiatives of Peace Trust such as Training and participation in **Disaster Management**, Medical Camps and community development activities were encouraged.

It is the Goal of Peace Trust to open 100 Gymnasiums before the end of the year 2005. These will usher in a new era of peace, brotherhood, good will and oneness in the villages.



4

Community Based Interventions



Promotion of Community Health

Health is the backbone of a Nation's wealth. Peace Trust is dedicated to promote healthy individuals, healthy families and healthy nation. On a priority basis, Peace Trust concentrates on promotion of the health of the rural poor, who do not have access to quality medical services.

The strategy adopted to promote the health of the rural masses was Promotion of Community Health. In rural and remote areas, roadside free medical camps were conducted. These medical camps were conducted in partnership with other Organizations of the locality. During this year, more attention was paid to Medical camps and Mobile clinics, where STI / RTI cases were identified and treated. The rural folk were happy to make use of this facility. Because of the confidence we have built in them, they shared their innermost feelings and health problems, which enabled us to provide them the appropriate treatment.



Besides medical camps regular health education was undertaken in villages and demonstrations were conducted as to create a change in the health status of the people. The parents were educated and motivated to immunize their children, provide them nutritious food, monitor their growth. The adults were supported to adopt healthy habits and develop themselves.

Further, community activities were undertaken to ensure the environmental cleanliness of the villages. Through these all round interventions, a tangible change was observed in the villages.

